



Doha

Shree Guru Charan Saroj Raj, Nij Man Mukur Sudhari Barnaun Raghubar Bimal Jasu, Jo Dayaku Phal Chari

I take the dust of Lotus like feet of my teacher. I clean the mirror of my mind. I narrate the pure glory of Sri Ram Chandra who is the giver of the four rewards, viz. Dharm, Arth, Kaam, and Moksha.

Buddhiheen Tanu Jaani ke, Sumiraun Pavan-Kumar Bal Budhi Bidya Dehu Mohin, Harahu Kales Bikaar

Knowing myself to be ignorant, I remember Hanuman, the son of wind (Pavan). Kindly Bestow upon me strength, wisdom and knowledge, and remove my miseries and blemishes.

Chaupai

1. Jai Hanuman Gyan Gun Sagar, Jai Kapees Tihun Lok Ujagar

Victory of Thee, O Hanuman! You are the ocean of wisdom and virtue. Victory to the Lord of monkeys! You are known in all the three worlds.

2. Ramdoot Atulit Bal Dhamma, Anjani Putra Pavansut Naama

You are the messenger of Ram and the repository of immeasurable strength. You are the son of mother Anjani. The son of the wind is your name.

3. Mahaveer Bikram Bajrangi, Kumati Nivaar Sumati Ke Sangi

You are the most valiant and brave, with a body like lightning. You are the dispeller of evil thoughts and the companion of good thoughts.

4. Kanchan Baran Biraaj Subesa, Kanankundal kunchit kesa

Your complexion is golden colored. Your dress is pretty, wearing rings in the ears and your hairs are curly.

5. Haath Bajra Aur Dhvaja Biraj, Kandhe Moong Janeu saage

You are holding a lightning bolt in one hand and a flag in the other hand. A sacred thread made of moonj is decorated at your shoulder.

6. Sankar Suvan Kesarinandan, Tej Pratap Maha Jag Bandan

You are the emanation of Lord Shiva and you are the son of Kesri. Your aura and power is so great that it is prayed by entire universe.

7. Bidyavaan Guni Ati Chatur, Ram Kaj Karibe Ko Atur

You have knowledge, you are virtuous, you are very clever. You are keen to do the work of Shri Ram.

8. Prabhu Charitra Sunibe Ko Rasiya, Ram Lashan Sita man basyia

You are greedy to listen to the narration of Lord Ram's nature. Ram, Lakshman and Sita hold you dear in their hearts.

9. Sukshma roop Dhari Siyahi Dikhawa, Bikat roop Dhari Lank Jarawa

You took a tiny form to appear before Sita when she was emprisoned by Ravan. You took a terrible form to set Lanka afire.

10. Bhim roop Dhari Asur Sanhare, Ramchandra Ke kaaj Sanvare

You took a mammoth form to kill demons. You straightened out the works of Shri Ram.

11. Laaye Sajivan Lakhan Jiyaye, Shri Raghubir harashi ur laye

You brought the 'Sanjivani herb' and saved the life of Lakshman. Shri Ram happily took you in deep embrace.

12. Raghupati Kinhi Bahut Badaai, Tum Mam Priya Bharatahi Sam Bhai

Shri Ram praised you a lot and said "you are dear to me like my brother, Bharat."

13. Sahas Badan Tumharo Jas Gaaven, As kahi Shripati Kanth Laagaven

"Let a thousand mouths sing your glories", thus said Shri Ram and embraced you at his neck.

14. Sankadik Brahmadi Muneesa, Narad Sarad Sahit Aheesa

Sanak and the sages, Lord Brahma, the great hermit, Narad and the cosmic serpent, Sheshnag sing your glories.

15. Jam Kuber Diggpal Jahan Te, Kabi Kabid Kahi Sake Kahan Te

Even Gods like Yamraj, Kuber, and Diggpal fail to narrate about you in toto, what to talk of denizens of the earth like poets and scholars.

16. Tum Upkar Sugreevahin Keenha, Ram Milay Raj pad Deenha

You obliged Sugriva. You introduced him to Shri Ram, and he got the post of king.

17. Tumhro Mantra Bibhishan Maana, Lankeswar Bhae Sab Jag Jaana

Vibhushan heeded to your advice and entire universe knows that he became the king of Lanka.

18. Jug Sahastra Jojan Par Bhanu, Leelyo Taahi Madhur Phal Jaanu

The Sun is at distance of thousands of miles, and it takes eons to reach there. You gulped that, considering that to be a sweet fruit.

19. Prabhu Mudrika Meli Mukha Maaheen, Jaladhi Laanghi Gaye Acharaj Naaheen



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Carrying the Lord's ring in your mouth, you jumped across the ocean from Rameshwaram to Lanka. There is no wonder that you can achieve such a feat.

20. Durgam Kaaj Jagat Ke Jete, Sugam Anugrah Tumhre Tete

All the difficult tasks of the world are made easy by your grace.

21. Ram Duaare Tum Rakhvare, Hot Na Aagya Bin Paisare

You keep the door of Ram's abode secure. No one may enter without your permission.

22. Sab Sukh Lahai Tumhari Sarna, Tum Rachchak Kaahu Ko Dar na

All the happinesses rest under your grace. When you are the protector, then no one else's fear is there.

23. Aapan Tej Samharo Aapai, Teenon Lok Hank Te Kanpai

Only you can control your own might. When you roar, all the three worlds tremble.

24. Bhoot Pisaach Nikat Nahin Aavai, Mahabir Jab Naam Sunavai

Ghosts and evil spirits don't come near when devotees speak the name "Mahabeer".

25. Nasai Rog Harai Sab Peera, Japat Nirantar Hanumat Beera

The maladies perish and entire pain disappears by regularly reciting brave Hanumanji's name.

26. Sankat Te Hanuman Chhudavai, Man Kram Bachan Dhyam Jo Lavai

Hanumanji rescue them from danger, who brings him in thoughts, rituals and words.

27. Sub Par Ram Tapasvee Raaja, Tin Ke Kaaj Sakal Tum Saaja

Rama is the Supreme religious king above all and you straightened out all his works.

28. Aur Manorath Jo Koi Lavai, Soi Amit Jivan Phal Pavai

Whichever desire anyone cherishes, he begets the unlimited eternal fruit of life.

29. Charon Jug Partap Tumhara, Hai Parsiddha Jagat Ujjyara

Your glory is remains in the four ages (Satyug, tretayug, Dwaparyug and Kaliyug) and your aura is famous all over the world.

30. Sadhu Sant Ke Tum Rakhvare, Asur Nikandan Ram Dulare

You are the protector of saints and sages. You destroy the Demons, you are dear to Shri Ram.

31. Asht Siddhi Nau Nidhi Ke Data, As Bar Din Janki Mata

You are the giver of eight Sidhis and Nava Nidhis, that was the boon given by mother Sita.

32. Ram Rasayan Tumhare Pasa, Sadaa Raho Raghupati Ke Dasa

You hold the essence of devotion to Shri Ram. May you always remain His Servant.

33. Tumhare Bhajan Ram Ko Pavai, Janam-Janam Ke Dukh Bisravai

Through praying to you, one finds Shri Ram and forgets all the suffering of several lives.

34. Ant Kaal Raghubar Pur Jai, Jahan Janm Hari Bhakta Kahai

Then, after death, one enters the abode of Sri Ram and is known as a devotee of Hari, getting new birth.

35. Aur Devta Chitt Na Dharai, Hanumat Sei Sarb Sukh Karai

Even if you do not hold any other god in mind, Hanumanji alone gives all the happiness.

36. Sankat Kate Mite Sab Peera, Jo Sumirai Hanumat Balbeera

The dangers get removed and all the pains disappear, whoever remembers Hanumanji

37. Jai Jai Jai Hanuman Gosain, Krupa Karahu Guru Dev Ki Nai

Hail, Hail, Hail Hanumanji! Please bless me as my teacher god.

38. Jo Sat Baar Paath Kar Koi, Chhutahi Bandi Maha Sukh Hoi

Whoever recites this Hanuman Chalisa one hundred times, becomes free from all the bondages and enjoys the highest bliss.

39. Jo Yah Padhe Hanuman Chaleesa, Hoy Siddhi Sakhi Gaurisa

Whoever recites it would achieve his desire, thus is witnessed by the husband of Gauri (Parvati), Lord Shiva who had got this Hanuman Chalisa written.

40. Tulsidas Sada Hari Chera, Keeje Nath Hriday Mahn Dera

Tulsidas is always the servant of Shri Ram, hence he prays to Hanuman ji, "Oh my Lord! Please enshrine within my heart."

Doha

Pavan Tanay Sankat Haran, Mangal Moorati Roop Ram Lakhan Sita Sahit, Hriday Basahu Sur Bhoop

O the son of wind, O the reliever of dangers, you look is the statue of auspiciousness. Please reside in my heart along with Shri Ram, Lakshman, and Sita.

*****JAI SHRI RAM*****